Jan.4, 1976

## Description:

On Jan. 4, 1976, at 6:10 PM, I'd just finished some back exercises because I'd been feeling fatigued, but my mind was strong and receptive. From inside my house, from out of the back window where only a small arc (about 80 degrees) of the sky was visible, since a road blocked the rest of the view, I glimpsed a glowing white circle moving fast in an arc over the house.

About 4 minutes later, after a few seconds of looking out the front window, I again saw to my surprise a typical white circle about  $1\frac{1}{2}$  to 2 times the size of individual stars, with its small black center, silently moving across the sky.

Frustrated at having had only these partial views from indoors, I went outside into the fresh air to look at the clear stars for an intended few minutes.

Then, to the right of the Big Dipper in the large sky, I saw a UFO with its typical "power texture" whiteness and dark center, moving elegantly and fairly highly (judging from their usual apparent size) across the sky at the speed of a very low jet. Because of its unobtrusive movement and now less bright light, an inexperienced person might have assumed it to be some "natural phenomenon", but I recognized it at once.

During the physical difficulty of having to stare sharply upwards to follow its overhead course, and the pain in my neck from doing this, I got suddenly angry and whispered a curse toward it. Immediately after that, it seemed to hesitate, and meandered from its previous path first to the one side, then to the other side, and then returned to its original forward course and flew on, disappearing in the distance beyond the house.

All 3 flights were in the same direction.

(Later that night, I compared this to the noisy, ruler-straight movement of a passing jet.)

Total sight outdoors was about 2 seconds.

Subjective after-thoughts:

a) If this UFO's casual wandering was a direct reaction to my abrupt anger, that shows it was both sensitive to and self-protective against such pointed, aggressive

outbreaks from a viewer.

Often, my emotional and psychic state had been unusually active in the days just before a UFO sighting: during my very first 3 events within 2 days, my closest brother was leaving America to travel around Europe and visit me; another time was after an unusually successful Christmas evening; another when I was anxious to have a close friend with me as my witness to UFOs.

Whereas seeking a sighting outdoors, or wanting to use one as a distraction from emotional worries, did not produce any UFO sightings. Periods of intense intellectual wondering about them, fit with soon following 1-2 second events.

- b) One can see UFOs through a window, but the visual realm will be too small to see the whole event for instance, one would often not see the start or finish of its flight course, nor if another object was nearby in the sky.
- c) I feel that the repetitive exact timing of these sightings while one's alone, shows that they're somehow connected to or coordinated with the individual viewer (for instance, with their exact location and where they're looking).
- d) Many times I've thought in the moment that the sighting was routine and unimportant, but discovered afterwards that new information had been given!